Ourselves

In this topic, Year 5 learned about how God created each of them in a unique way and then they shared their gifts and qualities. They also studied scripture and wrote a thank you letter to St Paul to show their understanding of how we are all God's children and we should live together the way Jesus wants us to.

Sc: I am beggining to understand the importance of who I am.

My talents ...

My Talents are dancing, drawing, English and people wise. I also like to be very creative when it comes to art, I also have a talent of playing the guitar and playing basketball



If I see my friend upset I always ask whats wrong and I be patient with them. Because I like to do creative things I like to teach others how to do it too. If I see someone struggling I would help them

My qualities...

Ourselves (Year 5) **Expected/Emerging**

Me	Success criteria	Teacher
	I am able to describe, analyse and show understanding of the Scripture, beliefs, ideas, feelings and experiences related to whom I am and how God can guide me. K&U1	✓
	I am able to evaluate the life and works of key figures in the history of the people of God. K&U2	
	I can show understanding of how the belief in the call to be religious symbols, actions and worship of Christians. K&U2	✓
	I am able to compare my own and other peoples' ideas and questions about who I am how I use talents and qualities. E&R1	✓
	I am able to show an understanding of how my own and others' decisions are informed by beliefs and actions. E&R2	✓

What I did well

I understand what the scripture we read means

Target - what I want to improve

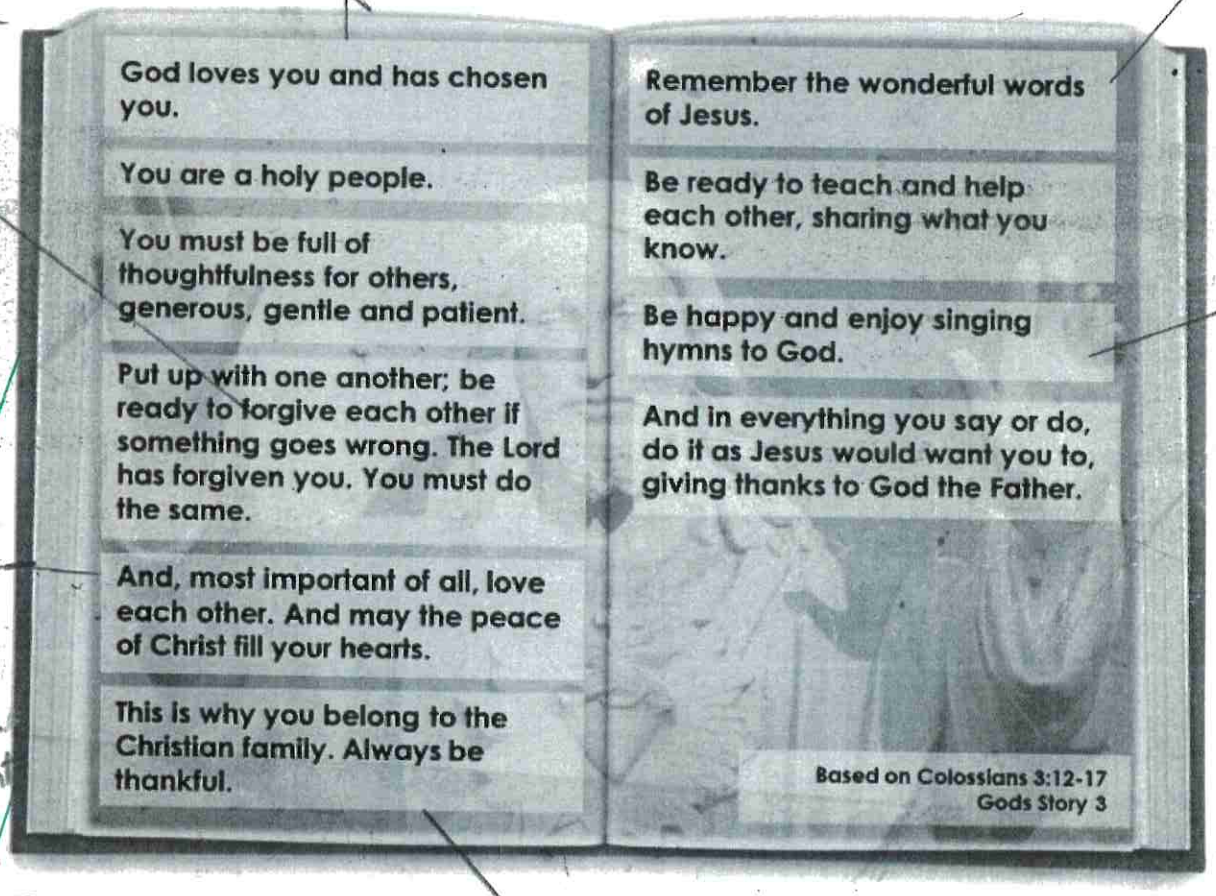
I want to improve on my understanding of reading scripture and understand it.

I wonder why God gave us certain gifts and not just the same ones?

7.11.23

LO: To analyse a scripture.

SC: I am able to write a letter to Saint Paul



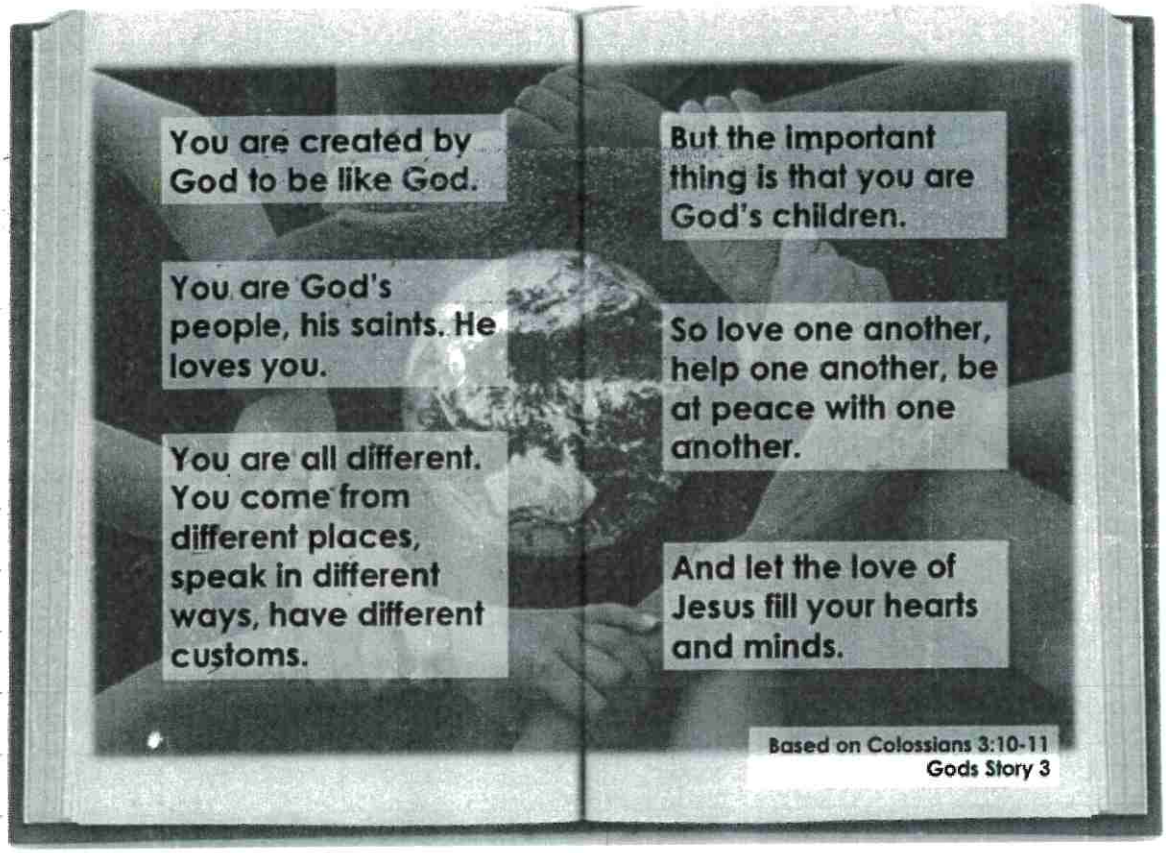
We need to be able to forgive because it enables us to be kind to others and build realationships

We love eachother because if we dont then we wouldnt care for others.

We remember the wonderfull words that he said because it might help us in life.

This is service to all. We be happy when singing hymns to God because we need them build a better realationship with God.

If we dont be thankfull then others will not give you anything.



Dear St. Paul,

Thank you for your letter you have written. This letter has made me rethink the choices I have been making and you have helped me understand the importance of being unique. ✓

What you have wrote in the letter has helped me understand more about being unique and being different. Your letter has inspired me to be more nicer and be more Thankfull to others. Your letter has helped me understand that we should use our talents and qualities to be more like God ✓

God has gave us these talents and qualities so that we can put them to good use. God gave us our uniqueness so that we can help others, and not intend to be someone else.

God didn't create us to be mean to others and pick on people who are different, because if there is only the same person in the world we would all just do the same thing. God made us, and we should be grateful and not ashamed of who we are. Being different is good, say if you are playing football and you don't know the others teams method, it makes it more enjoyable. ✓

Now I will remember that God has gave me all these amazing talents and qualities, and that I should always never judge someone based on their race, religion, hair colour etc. God bless you St. Paul ✓

Maya Y6

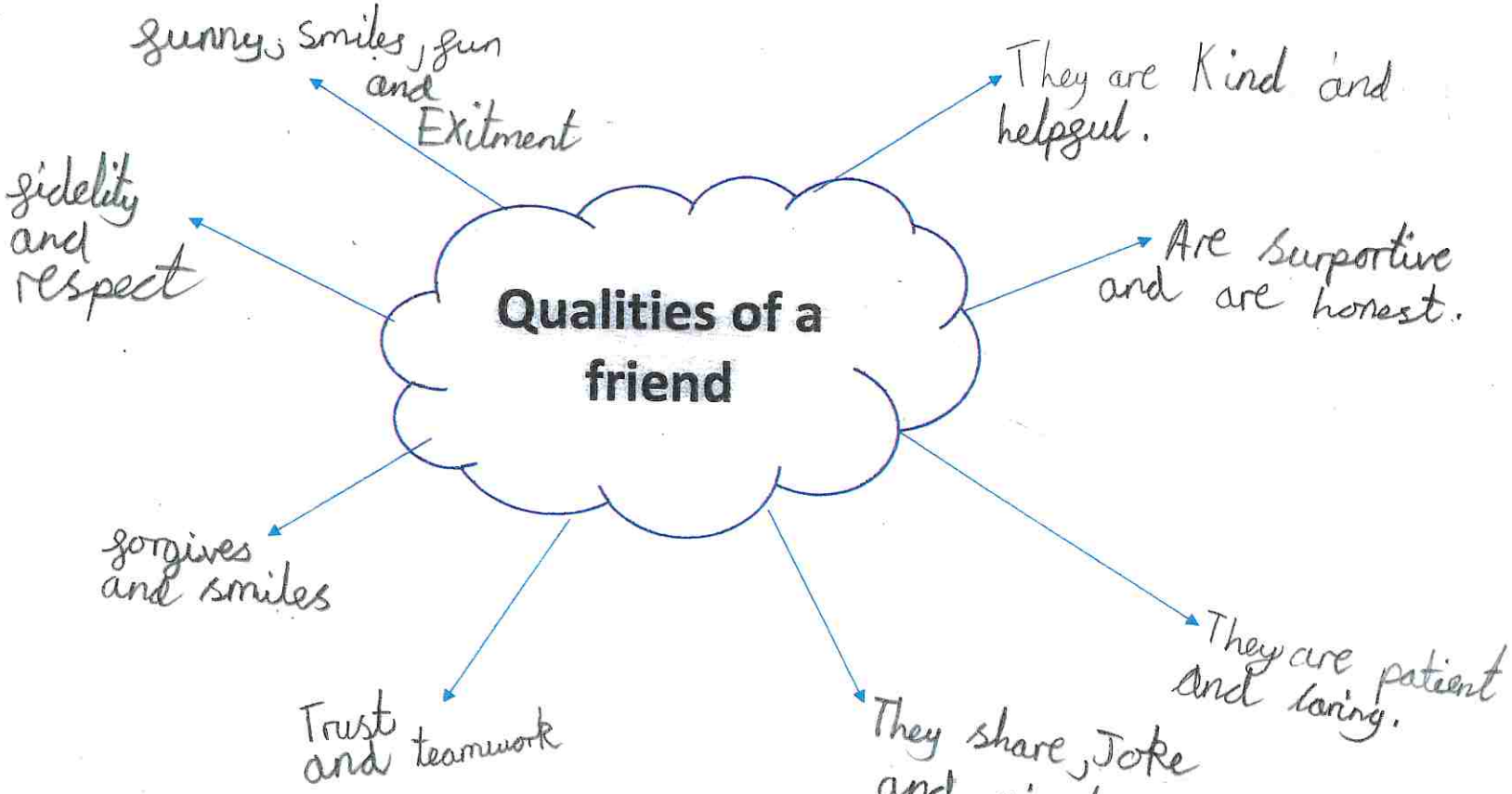
Life Choices

Year 5 learnt about the Sacrament of Marriage and the promises that are made. They analysed the meaning of promises and how couples keep them. They made links between the promises, Scripture and the marriage service.

Wednesday 27th September 2023

LO: To understand how to show care and commitment.
SC: I am able to describe qualities of a faithful friend.





I am helpful to my friends because is they are stuck I can help them understand.

Learning Objective Achieved!

Wednesday 4th October 2023

L.O: To understand we all have a mission.

S.C: I am beginning to analyse a scripture.

Whole Class Feedback Sheet

Lesson: we all have a mission
Activity: analysing the scripture
Date: 19.10.23

Praise and Share	Need Further Support
• All understand why people who work in the church are important • Good discussion about why we gather in church and how we do Christian service in church	• A few unsure of the meaning of parts of the scripture • Some struggling to make links between the gifts and services all can give to people
Presentation/Incomplete Work	**Assessment for Learning**
• Give more in depth answers	• Questioning and Class discussions • Focus on what learning behaviours are used

Feedback to marking – next steps.

Write out the task/question that corresponds to the letter in your book and then answer it using your polishing pen. You could answer more than one of these questions. The letter system will be found at the end of your last piece of work.

A(scaffolding) –What are the gifts mentioned in the scripture? Why did God choose them as gifts to people?

B(find and fix) – Review and respond to marking.

C(consolidation) –What does it mean ***'to build up the body of Christ?'*** Why is this important?

D(further challenge) – Explain how we become mature people in relation to the scripture.

Learning Objective Achieved!

Wednesday 4th October 2023

L.o: To understand we all have a mission.

S.C: I am beginning to analyse a scripture.

X~~A~~:

C: It means that you try to be like God. It is important to be like God because we don't want to be like ~~thee~~ the devil and ~~be~~ do sin.

2 tokens

SA: Reflect on how you were involved in varios missions and services since you started Year 5. How are they linked to the Mission of Jesus?

Learning Objective Achieved!

Wednesday 4th October 2023

LO: To understand we all have a mission.

SC: I am beginning to analyse a scripture.

What can we learn about Christian mission?

That we should spread the word of God and everyone was given a gift and that we should be kind to others. ✓

How does this passage link to the Beatitudes?

The Beatitudes are linked to the school values and in the passage It says faith and in Knowledge of the son of God and one of our School values is faithfulness. ✓

It was he who gave gifts to people; he appointed some to be apostles, others to be prophets, others to be evangelists, others to be pastors and teachers. He did this to prepare all God's people for the work of Christian service, in order to build up the body of Christ. And so we shall all come together to that oneness in our faith and in our knowledge of the Son of God; we shall become mature people. We must grow up in every way to be like Christ.

Ephesians 4: 11-13, 15

Key teachings

To teach us our faith and everyone has a diffferent job to do. ✓

How does this connect to Mass?

Father Stephen or Father Henry would like tell us a story about sharing or longgesing. ✓

Wednesday 4th October 2023

Learning Objective Achieved!

L.O. To understand there are diggerent ways of living our mission.

S.C: I am learning the skills and qualities needed by an apostle.

1. What qualities do you think you need to have?

2. Why do you want to be an apostle?

3. How often do you go to church?



The person sitting in the hotseat was applying to be an apostle and the people around the apostle were interviewing them.

Application

Main duties

- I would go and spread the word of God to other people.
- I would go to church but would also encorage people to go to church.
- If people have questions at the end of mass I can asnwer them.
- I would invite people to come and pray with me.
- I can read at mass but I must speak clearly.

Life Choices topic evaluation

Learning Objective Achieved!

What does the Bible teach us about the importance of friendship?	There is a story in the Bible about a good Samaritain. He was a friend to the man in the road. Jesus is a friend to everyone and in the Bible it tells us what Jesus does so we can follow him. ✓
Why do couples make vows to each other?	They make vows to each other because it proves their strong bond and how much they love each other and how much they want to be partners.
Why do couples exchange rings during a wedding?	The rings are a symbol of love to show that you made those vows and that you are married. If you take the ring it doesn't mean that you are not married. The priest blesses the rings then the two people bless each others ring as they put them on each other.
Why do Christians serve others?	They know its the right thing to do. God tells us to do it and we do it to be more like God and follow in his footsteps.
How does what you have learnt about marriage affect your own ideas on caring for others?	One of the vows is 'in sickness and in health' and a simple way of saying it and what we do in our daily life is look after each other and if my friend needs help themselves I can help them. I can also be there for them.
What have you enjoyed learning about this?	I enjoyed the lesson where we coloured in a heart and wrote a sentence about friendship. ✓

also remind them of Promises they made

Advent

Year 5 clarified the meaning of Advent and how symbols are used to celebrate this season as well as how Christians prepare for the coming of Jesus. Year 5 answered questions about scripture and reflected on what Jesus means to them.

LO: To create a concept map.
SC: I am aware of the key themes of this topic and how they affect me.

Advent - Hope

What does waiting hopefully mean to you?

I means to me that we are waiting for Christmas and we are using the candles to help us wait. We are waiting for something to happen. We are waiting for Christs birthday

How can Jesus bring hope into our lives and why is this important?

Jesus can bring hope by making something happen that hasn't happened yet. It's important because if He makes something happen, more people believe in Him and serve him.

Why is Advent a time of hope?

Advent is a time of hope because you're counting down the days to Christmas and at church there are candles and one of them represents hope. It's a time of hope because you're waiting for the Jesus' birthday.

Why do we need hope and how can we bring it to others?

We need hope so we can experience more and be happy. We can bring hope to others by being kind to them and suprise them with something that they are hoping for to make them happy.

As Christians, what does it mean to live in hope?

It means to live with hope that God is always with and will never leave our side. It means that we are living with hope that Jesus will come soon

Wednesday 22nd November 2023

LO: To inform others about the meaning of Advent.

SC: I am able to write a letter.



Dear Year 3,

We are getting closer to Advent and before we get there we need to understand what it means and the importance of it so year 5 would like to share what we know with you.

Advent means 'coming' or 'arrival' and it's about counting down the days to Jesus' birthday. In churches, we have 5 candles to help us count down the days because each Sunday in December has a candle that will get lit. The first Sunday the Hope Candle or the Prophets Candle will get lit and it reminds everyone that Jesus is coming. The second Sunday the Faith/Love Candle gets lit and it represents Mary and Joseph traveling to Bethlehem. The third Sunday the Joy Candle is lit and it represents the joy everyone has of Jesus' arrival. The fourth Sunday the Peace Candle is lit and it represents the angels message 'Peace on earth, good will toward men.' On Jesus' birthday a white candle will be lit to show that He has now come.

When you put up a Christmas tree you might decorate it with an angel or a star on top of but do you ever wonder why? If you do then your questio is answered. We do it because the angel represe Angel Gabriel telling Mary about Jesus and the star represents the star the wise men saw and followed. Ever wonder why we have wreath

We have them because it represents eternal life and continous life. It's supposed to go around the candles but people hang them up. Ever wonder why we have a holly tree? We have it because it's made out of prickly leaves and the leaves represent the crown of thorns that Jesus had to wear.

If you are stuck on how to prepare for the coming of Jesus here is some advice: You can put an angel or a star on top of your tree, you can put up a wreath, you need to reflect and pray and you can put up a holly tree. You can do any of those things but you have to reflect and pray because that is one of the most important things that you need to do in Advent.

Please listen to this letter about Advent because it will help you understand and prepare.

From Year 5

SA9- How can we apply the key messages of Advent as Christians to our daily lives?

We can appy it by making reflections on our behaviour, by praying, by hanging up a wreath and putting on angel or a star on top of your tree. You can also do it by telling people about what they can do to prepare during Advent such as ~~putting~~ telling them to put a star or an angel on ~~those~~ their tree ~~or~~ and ~~of and~~ reflecting on our behaviour and when you're telling them about it, say the meaning of why they should do it so they understand.

Whole Class Feedback Sheet

Lesson: Meaning of Advent
Activity: writing a letter about Advent **Date: 29.11.23**

Praise and Share	Need Further Support
All enjoyed reading the scripture from Isaiah 25:8-9 before writing the letter. Most engaged in peer and class discussions about the scripture. All commented on Advent symbols and some explained their meaning well in writing. All understand what Advent means and can tell what we do during Advent season.	Most could identify Advent calendars and what they were called but lacked further explanation about their meaning and how they are related to Advent. Some need to include other symbols such as Advent wreath and their meaning as well as explaining why Advent is important to Christians. More able could make links to other scriptures about Advent and include quotes in their writing.
Presentation/Incomplete Work	**Assessment for Learning**
• All completed the task, a few with support • In general, presentation and handwriting is neat	• Use of questioning, discussion (both peer and group) • Self-assessment/RE assessment mats and peer assessment • Feedback to marking question • Recap prior learning about Advent

Feedback to marking – next steps.

Write out the task/question that corresponds to the letter in your book and then answer it using your polishing pen. You could answer more than one of these questions. The letter system will be found at the end of your last piece of work.

A(scaffolding) –Explain the meaning of candles, not just name them.

B(find and fix) – Check your sentences to make sure all make sense.

C(consolidation) – Review your SA including details about key messages and how we can apply them in our lives.

D(further challenge) – Find other scripture passages about Advent you could include in your letter and explain how it is relevant.

D- I chose 1 Peter 1: 13 ~~because~~ and I can include it in my letter because when you read it, it helps you to know how to prepare in Advent so that you are ready for Jesus when he has come. It is relevant because in my letter, I was

Wednesday 29th November 2023

LO: To note that Advent is a time of hope for the coming of the Lord.

SC: I am able to show how the coming of Christ shapes the lives of Christians.

Learning Objective Achieved!

In this lesson we were making a liturgical dance about the Annunciation. When we were doing this we worked as a group so that everyone knew what they were doing. We had to discuss the Annunciation and look at pictures before we did it so that we understood what it is and what moves we can use to make a liturgical dance about the Annunciation. Our dance had praying hands because angels hands are together, we were kneeling down because Mary was kneeling down when the Angel came in and we were lifting our arms because it was like Angel Gabriel's wings and because we were worshiping the new King, Jesus.

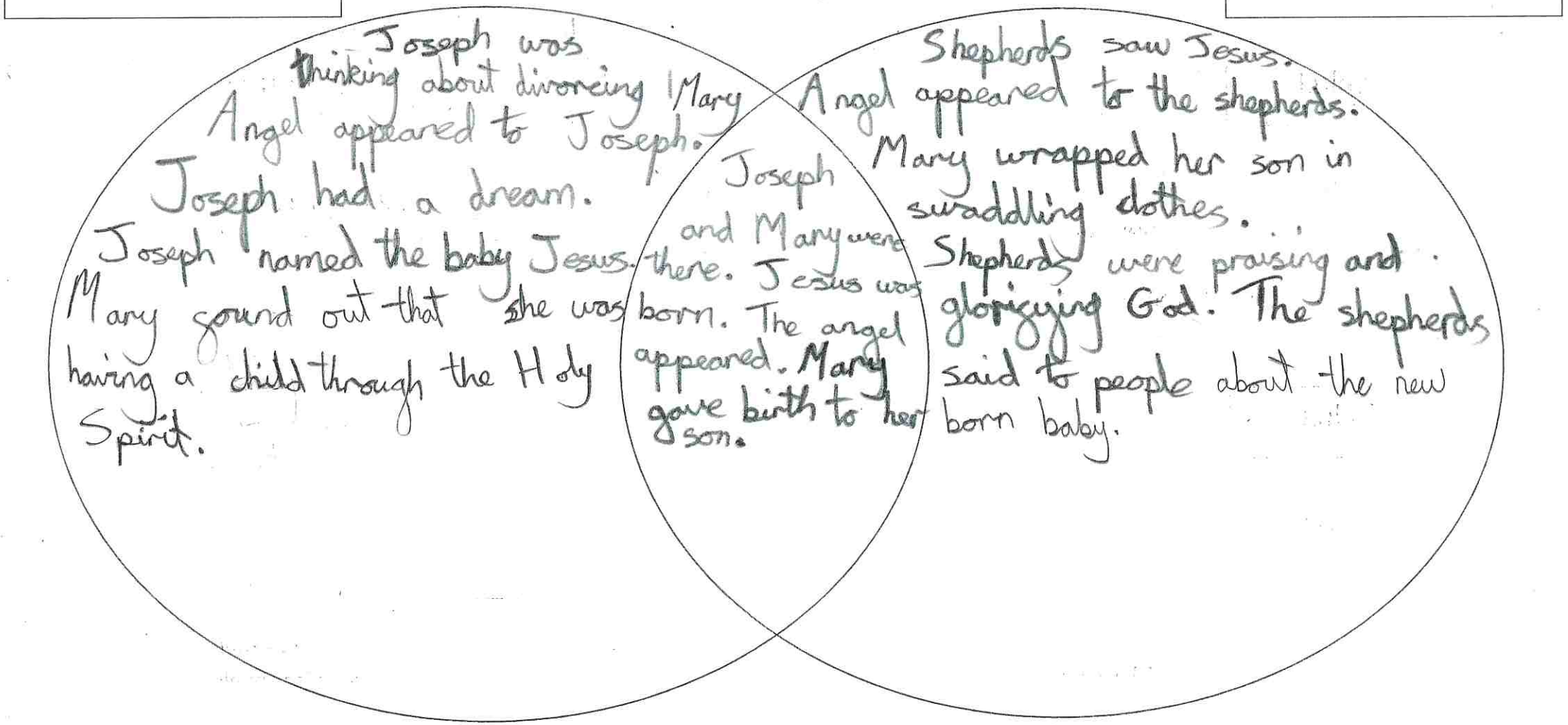


LO: To explore and analysis Scripture.

SC: I am able to analyse and evaluate the purpose and meaning of complex Scripture passages. K&U1 & E&R3

Learning Objective Achieved!

What are the similarities and difference between these two Gospel descriptions of the Nativity?



LO: To celebrate and respond to this topic.

SC: I am able to evaluate and share what I have learnt about this topic.

Why bother with Advent, it is just all about the presents I get at Christmas? Discuss.

Advent isn't just about the presents, it's about preparing for the birth of Jesus'. We use Advent to help us prepare and count down the days until Jesus' birthday so we should bother with it. On Christmas, it's not all about the giving it's about the recieving where we recieve Jesus coming in to

Advent is a time of hopeful waiting, how, therefore, do we respond to God's calling to sainthood? *

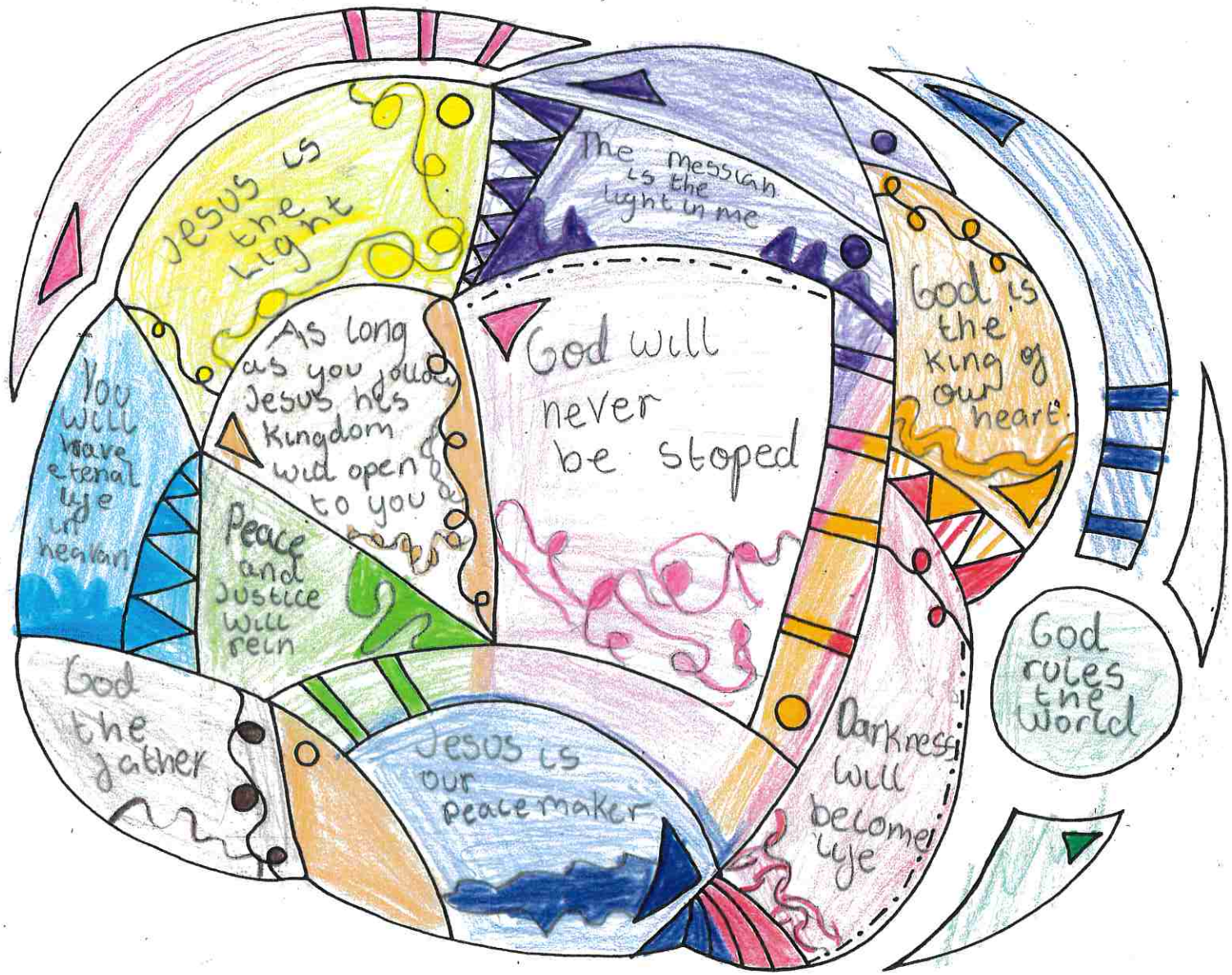
We respond to God's calling to sainthood because when we wait, we wait patiently to recieve Jesus coming in to our hearts and Saints wait to recieve Jesus coming in to their hearts too. When we wait for Jesus we wait for the goodness of Him to fill our hearts.

How has Scripture helped you understand the importance of Advent?

Scripture has helped me understand the importance of Advent because when I read it, it shows me how important Jesus really is and why we need to prepare for His coming.

How as a school community can we prepare for the coming of Jesus? Give examples.

As a school community we can prepare by going to Advent mass, going to church to pray to Jesus and listening to stories from the Jesse tree. We can prepare by learning more about Jesus' coming and we can prepare by going to churching to go to confession and reflect on your sins.


Jesus is the Light
The messiah is the light in me
God is the king of our heart
As long as you loud Jesus hes Kingdom wid open to you
God will never be stoped
You will have etenal lye in heavan
Peace and Justice will rein
God rules the World
God the father
Jesus is our peacemaker
Darkness will become lye

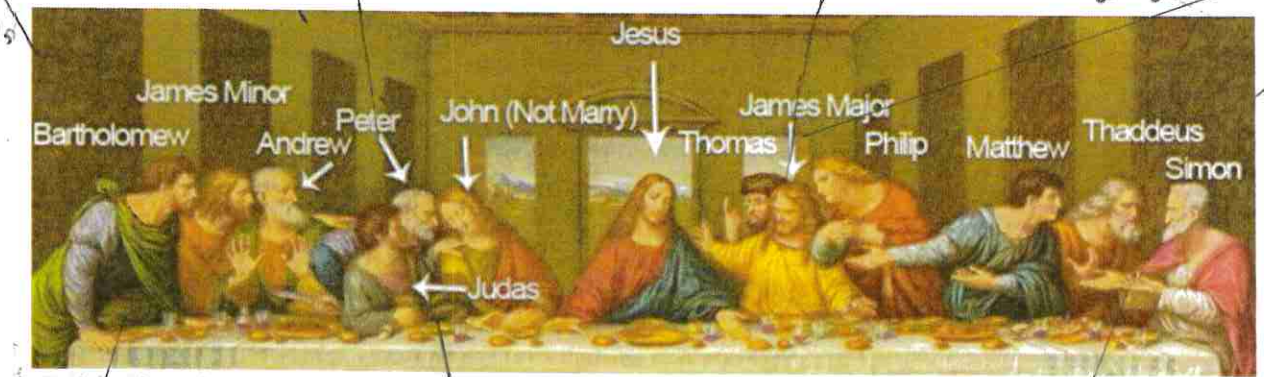
Memorial Sacrifice

In this topic, Year 5 learnt about the meaning of the Eucharist and why it is important to Christians. The children studied images of 'The Last Supper' and they interpreted the apostles' reactions after what Jesus said to them.

24/11/2014

LO: To understand what happened at the last supper.

SC: I am able to create a freeze - frame and comment on the last supper.



They are saying "What does our master mean? And what is he going to do about it?"

Now this group looks like they are arguing because if you look closely in Peters hand there is a knife and that is a sign of betrail and now John is offended by it.

This group here looks upset and angry because Thomas looks aggressive, James looks upset and Philip wants an explaination of what Jesus is saying.

Now this group is say "Lord, why are you giveing up your to save our sins

This group may be sayin "Why is our master doing this? What is he doing?"

This group looks shocked because Andrew's face shows that he is suprized that Jesus has done this.

Peter here may be saying "Lord Jesus has betraid us all so that he can have golowers for I am going to betray him.

The group in the corner looks puzzled because Thaddeus and Simon are talking to each other and Matthew is trying to make a point.

BRILLIANT

The last Supper is one of the most Special moments to the apostles because if you think about it deeply, Jesus is the only one who can tell the future and back then the apostles didn't know what was going to happen after Jesus died so they thought that it was a very Special moment and sad at the same time because imagine you had a friend that you loved and they said to you that they would die how would you react? Sad right so you would be upset if that was your last Supper with your friend. When I found out about the last Supper I felt Suprized because his words came true about Jesus dying on the cross so now in future us christians go to church and pray to God and Jesus and the saying "do this in memory of me" has been repeted in church and done over and over again to memorise Jesus dying on the cross and rose again on the third day.

SAE - We can relate this scripture to today because in church we do holy communion which is related to the last supper and when Jesus dies on the cross.

Wednesday 7th February 2024

LO & SC Achieved

LO: To explain why the life of Jesus is significant to christians.

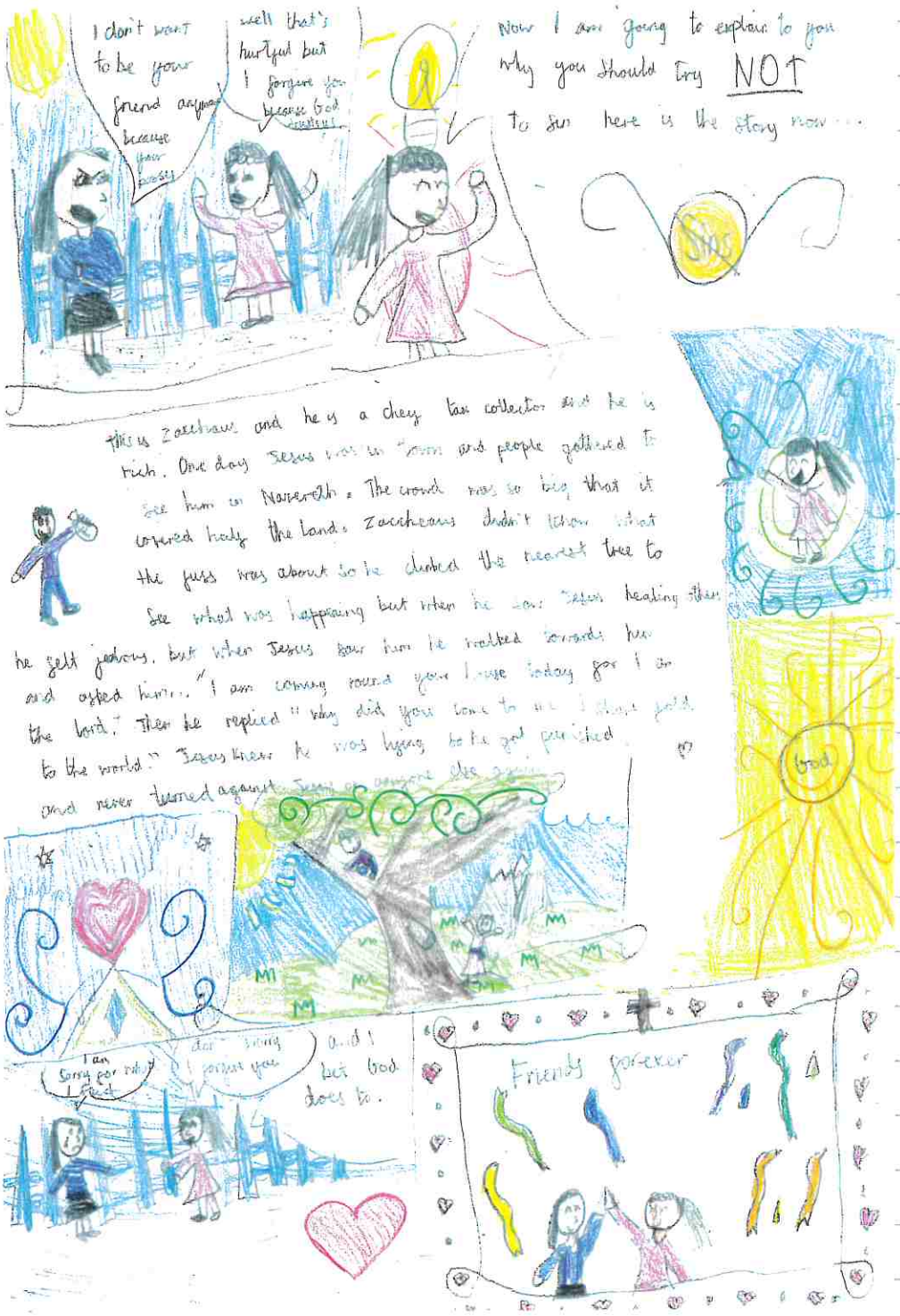
SC: I am able to describe main features of Jesus' life.

Matthew 10:5-14

5 These twelve Jesus sent out with the following instructions: "Do not go among the
Gentiles or enter any town of the Samaritans. 6 Go rather to the lost sheep of
Israel. 7 As you go, proclaim this message: 'The kingdom of heaven has come
near.' 8 Heal the sick, raise the dead, cleanse those who have leprosy,[a] drive out
demons. Freely you have received; freely give.

9 "Do not get any gold or silver or copper to take with you in your belts— 10 no bag
for the journey or extra shirt or sandals or a staff, for the worker is worth his
keep. 11 Whatever town or village you enter, search there for some worthy person
and stay at their house until you leave. 12 As you enter the home, give it your
greeting. 13 If the home is deserving, let your peace rest on it; if it is not, let your
peace return to you. 14 If anyone will not welcome you or listen to your words, leave
that home or town and shake the dust off your feet.

1. I think that Jesus did that because if he didn't say that other people wouldn't follow him. What I mean is that if the desiples didn't spread the word they would be not worthy of Jesus
2. They would because preists do there work for free because they believe. They are called for a reason so that the can help the lordy.
3. Priests, visitors and lots more. Also, scout leaders, brownie guides all do their job for free because they volonteer.
4. They do this because they all believe that people can work without getting paid but if it is a big job I will have to say No
5. I would feel nervous because I would be worried if people would make fun of me.



SA- How can you be more like Jesus?

We can be more like Jesus by forgiving people like how Jesus forgave Peter who betraid him, We can make sacrifices by maybe if you see a homeless person on the street you shouldn't just walk past them, you should try and help them by giving them food and talk to them.

Whole Class Feedback Sheet

Lesson: CST and the significant people
Activity: Jesus' life and the scripture study Matthew 10:5-14
Date: 19.2.24

Praise and Share	Need Further Support
Many of you understand from the scripture that Jesus was a servant of God and he dedicated his life to setting people free. Some insightful answers were given to written questions and you made links to real life the kinds of service people do for free.	Some need further discussion about the key vocabulary and phrases in the scripture. Although some answers are insightful, references should be made to the scripture to answer questions.
Presentation/Incomplete Work	**Assessment for Learning**
• Give more in depth answers	• Questioning and Class discussions • Focus on what learning behaviours are used

Feedback to marking – next steps.

Write out the task/question that corresponds to the letter in your book and then answer it using your polishing pen. You could answer more than one of these questions. The letter system will be found at the end of your last piece of work.

A(scaffolding) –Explain the meaning of three key words/phrases from the scripture.

B(find and fix) – Answer all the questions and think how your answers can be further supported by detail.

C(consolidation) – Summarise the meaning of the scripture in relation to why Jesus is a significant person. Use evidence from the scripture.

D(further challenge) – Explain how Matthew 10: 5-14 linked to 'Dignity of Work' and how Jesus shows this in the scripture.

C= Jesus is such an amazing person because if you go back to the scripture. Jesus said "Go rather to the lost sheep" Instead of going to the samaritans. Jesus knew what he had to do, he knew that the lost sheep needed a leader (a shepe to guide the flock. That is why Jesus is soo important He knew what to do next.

D: The scripture is linked to the dignity of workers because Jesus asked his desciples to spread the word for free and what I mean by that is that they got NO money for that and the dignity workers don't get much money most none so that is why it is linked.

Mission

The mission topic focused on what the mission of the church is and how Bishops guide the people of their diocese. Year 3 analysed scripture showing an understanding of how people carry out a Christian service using gifts that God gave.

LO: To create a concept map.
SC: I am aware of the key themes of this topic and how they affect me.

Mission

What was Jesus' mission? How are Christians part of Christ's body?

Jesus' mission was to set us free and to save us from sin like a rebirth: New life. He wanted us to try to be the best we can be and to sin as less as possible. It is apart of Christ's body because 'Christians' was probably named after Christ (Jesus) and He created his followers.

What inspires people in their mission?

I think it's that God inspires people to be themselves and continues to do their mission If it is kind and helpful.

What is church's mission? How does the bishop guide the people of his diocese?

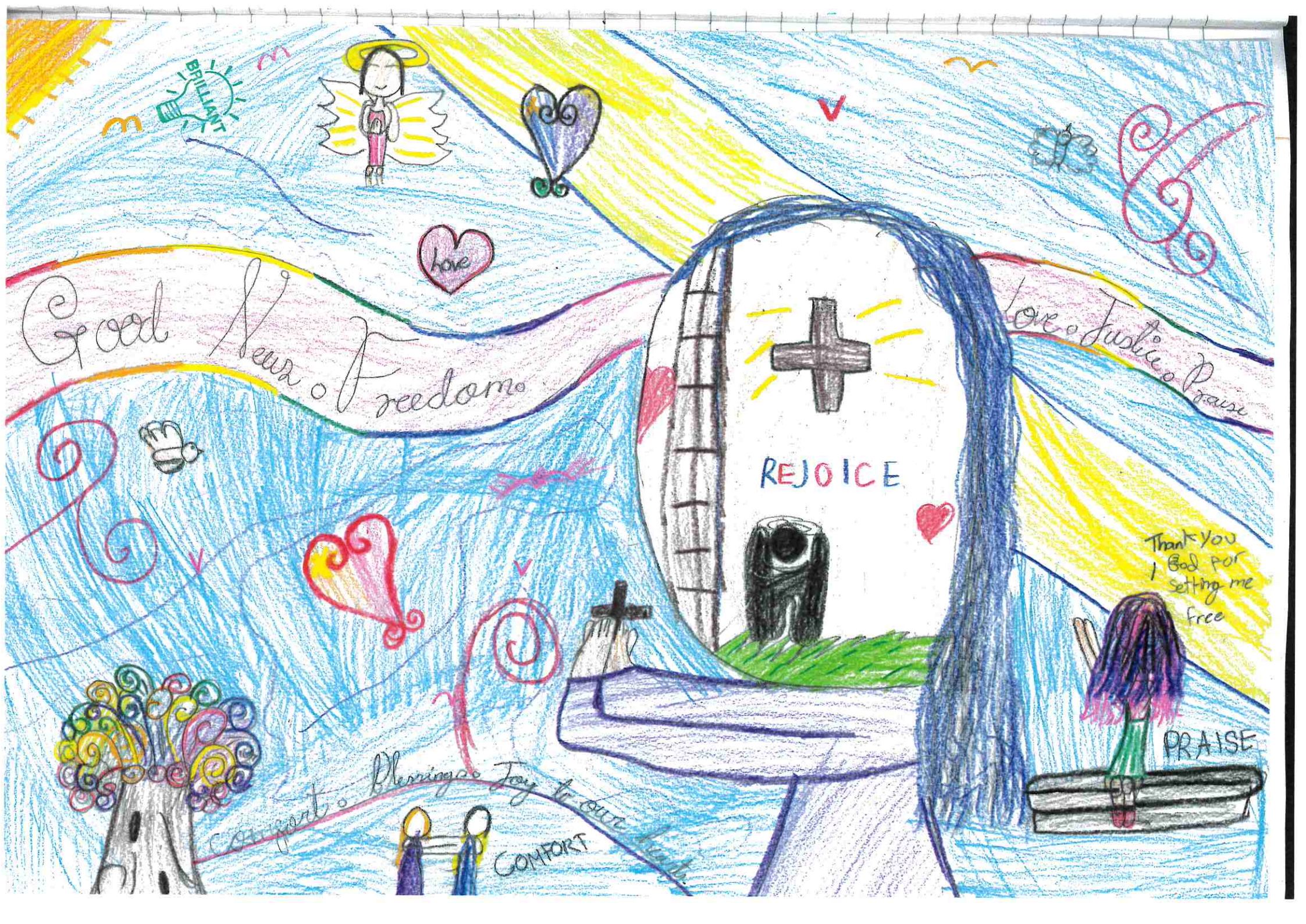
The church mission is to help more people to belive in God and Jesus and to help people live a better life. It is also to see people happy in the presence of God. The bishop guides the people by teaching them to be more like Jesus.

What are the joys and demands of engaging in a mission?

They could be staying extra hours after school, using up break Times and lunch Times Or. joining charity events / donating to Charities.

What unites Christian communities?

Maybe if something upsetting or bad happens, people could set it out on others and blame them for it. It can happen if some Christians keep on not going to Christians


BRILLIANT
love
Good News o Freedom
Love o Justice o Praise
REJOICE
Thank You God for setting me free
PRAISE
COMFORT

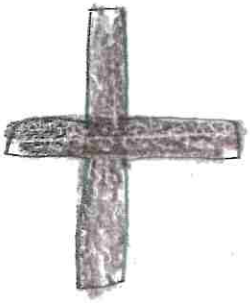
Thursday, 11th January 2024

LO: To understand the mission as the diocese

SC: I am able to explain the roles of the bishop.

WHAT ARE BISHOPS AND WHAT IS THEIR JOB?





SA - What do you think is the most important role of a bishop? Why?

The most important role is helping people to believe in God because if they don't, good things will not happen and they will be upset.

What are bishops?

Bishops are basically priests, ut they have a higher responsibility nd they do more jobs than riests. It is a few levels higher than a priest.

Facts

- In a catholic church, only men can be bishops.
- Bishops lead confirmation
- They also lead ordination
- Only Bishops lead these Sacraments.
- Bishops do NOT get a lot of rest.
- They live by themselves or with one other, but eat all on one table.

Why are Bishops holy people?

Bishops are holy because they have been studying the Bible and Jesus' miracles for years and they know more about Jesus than people who do not work in the church. They are also

What do they do?

Bishops have various jobs. Such as: Going to hospitals to pray for sick and bless them, going to the pope in Rome very 5 years and leading masses every day 2 or 3 times a day.



Why were Bishops made?

Bishops are followers of God. They were made to preach the word of God to people so they can learn more about God and Jesus.

Symbols



In the name of the father and of the Son, and of the Holy Spirit. Amen.





Bishop staff/ crozier

It means Bishops are like shepherds, leading the people.



Cross -

It represents God loves everyone

Ring - This shows God is with us

What's most important to a Bishop?

Following God and staying close to Him is the most important thing to a Bishop. It is also helping people to learn about God.



Other Faiths

Judaism

In Year 5, the children learnt about 'The Passover' and how Jewish people commemorated the events of the past by having a special feast called the Seder Meal. They found out what food goes on the special plate and why.

Sikhism

Year 5 studied the 5Ks of Sikhism and they discovered what each meant and why they are so important to Sikh people.

Thursday 9th November 2023

Learning Objective Achieved!

LO: To gain a greater understanding of Judaism.

SC: I am learning about Jewish festivals.

Exodus 12

14 "This is a day you are to commemorate; for the generations to come you shall celebrate it as a festival to the Lord—a lasting ordinance. 15 For seven days you are to eat bread made without yeast. On the first day remove the yeast from your houses, for whoever eats anything with yeast in it from the first day through the seventh must be cut off from Israel. 16 On the first day hold a sacred assembly, and another one on the seventh day. Do no work at all on these days, except to prepare food for everyone to eat; that is all you may do.

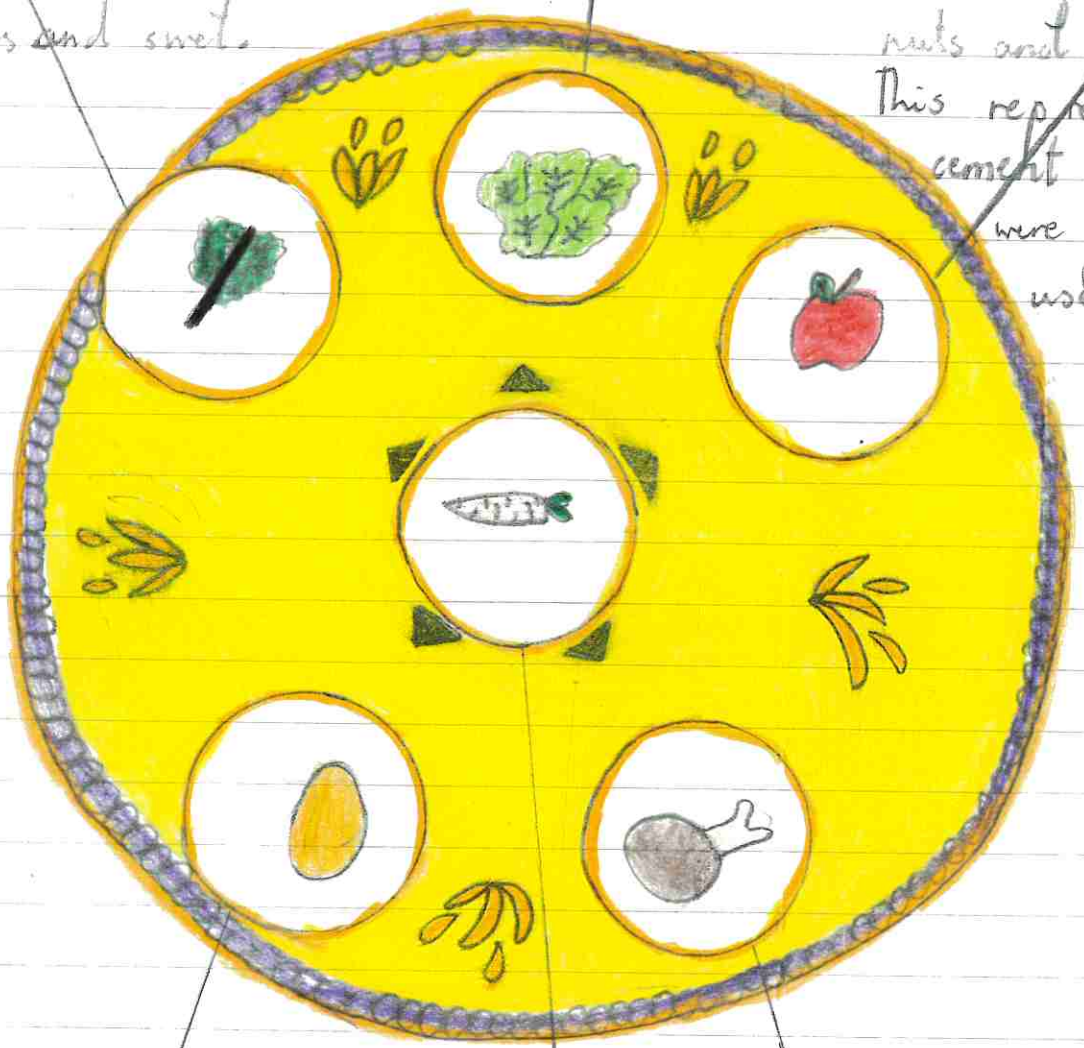
17 "Celebrate the Festival of Unleavened Bread, because it was on this very day that I brought your divisions out of Egypt. Celebrate this day as a lasting ordinance for the generations to come.

Jewish people celebrate passover to represent the day that God freed them from slavery. Jewish people still celebrate the passover day today because it is very special to them, especialy the food that they eat during thoes seven days. They had to leave Egypt because the way that the pharoh treated them was very unfair and even though they were slaves, they bearly had any food. Unleavened bread is significant because it represents the time when the israelites had to escape from the pharoah and didn't have time to make leavened bread. The israelites took with them unleavened bread.

Karpas - It is a vegetable dipped in salty water. It represents the tears of slaves and sweat.

Chazeret - It is a bitter herb. It represents the suffering of the slaves.

Charoset - A mixture of apples, nuts and wine. This represents the cement that they were forced to use.



Beitzah - A hard boiled egg. It represents the destruction of their Holy Temple.

Z'ro'a - A roasted lamb bone. It represents the offerings that were made.

Maror - It is a bitter herb. It represents the bitterness which reminds them of slavery.

S.I. I am am able to explain key symbols in Sikhism.

Sikhism – the 5 K's

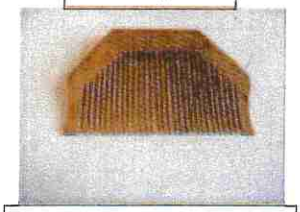
Kesh



Uncut hair

What do Sikhs believe about hair? What do Sikhs cover their hair with and why? Does Kesh apply to hair on the head only? Sikhs believe hair is a gift from God so it is wrong to cut it. They wear a turban. This rule also applies to facial and body hairs.

Kanga



Comb

What is the purpose of the Kanga? What do they believe about strands of hair falling out? The purpose of the Kanga is to naturally untie the hair and cleanse it. Hair falling out reminds the Sikhs, nothing will last forever.

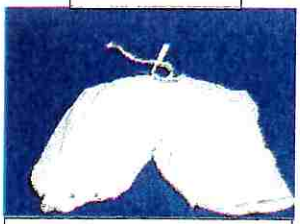
Kara



Bracelet

What is the purpose of the Kara? Why does it have to be made of Iron? How does it help a Sikh in their life? And what does it represent? The Kara reminds people to do good deeds. It needs to be made of steel because it is not expensive and everyone can wear it, showing equal. It can remind a Sikh not to do illegal things, making them think again. It also represent eternely, because it is a circle and has no end.

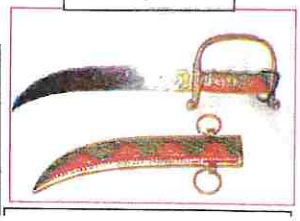
Kachera



Underwear

Why do Sikhs wear a Kachera? What does it symbolise? They wear it to move freely, have comfort and reflect modesty. It is a symbol of how we restrain ourselves.

Kirpan



Why do Sikhs carry a Kirpan around? What is the purpose of the Kirpan? Is it legal to carry around in the UK? It is to help the venerable and for self-defence. It is legal.

19/2/24

LO: To understand Sikh practises.

SC: I am am able to explain key symbols in Sikhism.

SA: What is your opinion about the five k's?

I think they are a good way to live because they guide you through life and remind you about things. If I could have one of them, I would pick the kesh, because it is respecting what God gave us.